

# GC26

## The GC26 "Have you started training yet?" Bulletin #2



### What's On

**Hub Opening Hours**  
Daily 8 AM – 10PM\*  
\*subject to change

**Opening Ceremony**  
10 October 2026  
From 4:30 PM

**Opening Party**  
10 October 2026  
6 PM - Late

**Beach Party**  
13 October 2026  
10 AM – 5 PM

**Closing Ceremony**  
17 October 2026  
From 3 PM

### Dates to Remember

**Registration Closing**  
30 September 2026

**Tote Orders Deadline**  
1 June 2026

**Volunteer Sign Up Deadline**  
1 September 2026



### GC26 Challenge Coin

Grab your piece of history with a GC26 Challenge Coin, specifically designed for the APES Games.

\$20 each - Limited number available – don't miss out!

Collect with your registration pack at the Games Hub.

Order through the registration portal:  
[www.apandesgames.com.au](http://www.apandesgames.com.au)



### Introducing the GC26 Assistant Games Manager Sergeant – Belinda Patrick

Meet Bel Patrick, your Assistant Games Manager for GC26.

Bel has a passion for playing ANY and ALL sports and is now helping deliver the best games yet. First competing at the 2016 APES Games held on the Sunshine Coast, she has attended all APES Games since and has also competed at many Queensland State Games winning herself a swag of medals on the Track, the Touch Football and Oz Tag Fields, as well as AFL 9s, Beach Volleyball and Dodgeball.

Belinda is the brains trust behind delivering all the sports on offer at GC26. She has worked tirelessly behind the scenes so your event will be as professional and as much fun as can be.

Make sure you come and say hello to Bel during the Games and thank her for all her efforts.



### OPENING CEREMONY

10 October 2026

The Hub – GC Sport & Leisure Centre  
(Hub Day 1 Opening Hours – from midday)

Athlete march commences 4.30 PM

Wear your state/country polo!  
(Available through Merch Store on website)

# Sports Spotlight

## EndurX (HYROX style)

Date: Thursday 15 October (Individuals) & Friday 16 October (Doubles)

Time: 8 AM – 4 PM

Locn: The Hub, Gold Coast Sport & Leisure Centre

The events will consist of:

- 1km Run
- 100m Sandbag Lunges (Male 20kgs / Female 15kgs)
- 1km Run
- 200m Farmer Carry (Male 2 x 24kgs kettlebells / Female 2 x 16kgs kettlebells)
- 1km Run
- 1000m SkiErg
- 1km Run
- 50m Dummy Drag 75kgs
- 1km Run
- 1000m Row
- 1km Run
- 50 Plate Ground to Overhead (Male 20kgs / Female 15kgs)
- 1km Run
- 75m Burpee Broad Jumps
- 1km Run
- 50 Dead Ball Over Shoulder (Male 25kgs / Female 15kgs)

Register  
Here!



# GC26 Games Merchandise

Don't miss out on your official GC26 Merchandise!

Proud suppliers Struddys have designed custom made gear for all your needs and requirements. From State/Country Polos, to hoodies, caps and stubby coolers, there is something for everyone.

GC26 is proud to deliver our traditional games colours along with the vibrant colours of the Gold Coast.

Struddys will be onsite with the full range of official merch, ensuring fans can take home a piece of the games. Best to place an order online so you don't miss out.

<https://struddys.com.au/partner-stores/carnivals/apesg/>

**STRUDDYS**



# Where do I pick up my Registration Pack?

Make your way to the Games Hub, Gold Coast Sport and Leisure Centre, Carrara to collect your registration pack and accreditation.

**ALL participants must do this prior to competing in any event. You will need to show photo ID. This needs to be done in person – no other participant can collect your pack on your behalf.**

Your registration pack will be full of goodies and sponsor products.

- Whilst you're at the Hub don't forget to visit our sponsor activations and have a Frontline Lager at the Black Hops Bar.
- *\*Shooting competitors – we can make arrangements to get your registration packs and accreditations to your venues. Further comms will be forthcoming.*



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