

SPORT	VENUE	10 SAT	11 SUN	12 MON	13 TUE	14 WED	15 THUR	16 FRI	17 SAT
Opening Ceremony	The Hub, Carrara	4.30p							
AFL 9s	Gold Coast Sport & Leisure Centre		9a - 4p	9a - 4p					
Angling - Saltwater	Broadwater Parklands, Mitchell Park Boat Ramp					8a - 4p	8a - 4p		
Aqua Blitz	GC Aqua Park				10a - 4p				
Aquathon	Broadwater Parklands			8a - 12p					
Athletics	Gold Coast Performance Centre					7a - 4p	7a - 4p		
Axe Throwing	Maniax Axe Throwing, Surfers Paradise			6p - 9p					
Badminton	Gold Coast Sport & Leisure Centre		3p - 8p	3p - 8p					
Basketball - 3 on 3	Carrara Indoor Sports Centre					9a - 4p	9a - 4p		
Beach Volleyball	Kurrawa Beach		8a - 5p	8a - 5p					
Bouldering	Core Climbing, Carrara			9a - 1p					
Brazilian Jiu Jitsu	Gold Coast Sport & Leisure Centre		10a - 6p	10a - 6p					
Cornhole	Gold Coast Sport & Leisure Centre		10a - 4p						
Cricket- Indoor	Arundel Indoor Sports Complex			10a - 6p	10a - 6p				
Cricket - T10	Runaway Bay Sports Precinct West						9a - 4p	9a - 4p	
Croquet	Southport Croquet Club					9a - 4p	9a - 4p		
Cross Country	Runaway Bay Sports Precinct West		8a - 12p						



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Cue Sports	Snooker World, Mermaid Beach		2p - 10p	2p - 10p					
Cycling - Criterium	Nerang Criterium Circuit		8a - 12p						
Cycling - Hill Climb	Henri Roberts Drive, Mt Tamborine				8a - 10a				
Cycling - Road Race	Mt Nathan			8a - 1p					
Darts	Gold Coast Sport & Leisure Centre					12p - 8p	12p - 8p		
Disc Golf	Nerang Disc Golf						9a - 4p		
Dodgeball	Gold Coast Sport & Leisure Centre					9a - 4p	1p - 8p		
Duathlon	Gold Coast Performance Centre						3p - 6p		
EndurX	Gold Coast Sport & Leisure Centre						8a - 4p	8a - 4p	
Equestrian	Southport Pony and Hack Club			9a - 4p	9a - 4p	9a - 4p	9a - 4p		
Functional Fitness	Gold Coast Sport & Leisure Centre		7a - 4p	7a - 4p					
Futsal	Gold Coast Sport & Leisure Centre		8a-4p	8a-4p					
Go Karting	Slideways Go Karting Nerang			10a - 1p					
Golf	Royal Pines, Lakelands, Hope Island			RP	LL	HI			
Hockey	Gold Coast Hockey Centre		9a - 4p	9a - 4p	9a - 4p		9a - 4p	9a - 4p	
Indoor Rowing	Gold Coast Sport & Leisure Centre					2p-7p			
Judo	Gold Coast Sport & Leisure Centre					8a -5p	8a - 5p		



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Kettlebell Sport	Gold Coast Sport & Leisure Centre					9a - 5p			
Lawn Bowls	Club Robina			9a - 5p	9a - 5p	9a - 5p	9a - 5p	9a - 5p	
Manu - Bomb Diving	GC Aqua Park (Time determined by tides)				10a - 4p				
Marathon - Half	Seaworld Drive / Doug Jennings Park								6a - 10a
Mountain Biking - Cross Country	Nerang National Park							9a - 4p	
Mountain Biking - Downhill	Boomerang Park Farm, Mudgeeraba						9a - 4p		
Mountain Biking - Enduro	Nerang National Park					9a - 4p			
Netball	Gold Coast Sport & Leisure Centre					12p - 6p	12p - 6p	12p - 6p	8a-12p
Oz Tag	Alabaster Playing Fields, Carrara							9a - 4p	8a - 1p
Pétanque	Swift Park, Nerang			9a - 4p	9a - 4p				
Pickleball	KDV Sport, Carrara					10a - 5p	10a - 5p	10a - 5p	
Powerlifting	Gold Coast Sport & Leisure Centre			9a - 4p					
Road Race - 5k / 10k (run/walk)	Kurrawa Park, Broadbeach			6a -9a					
Rugby 7s	Alabaster Playing Fields, Carrara		9a - 6p	9a - 6p					
Rugby League 9's	Alabaster Playing Fields, Carrara					9a - 5p	9a - 5p		
Sailing	Paradise Point					9a - 4p	9a - 4p		
Shooting – Pistol - (IPSC/APSM/Steel Challenge)	Belmont Shooting Complex			9a - 4p APSM	9a - 4p APSM	9a - 4p IPSC	9a - 2p STEEL CHALLENGE		



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Shooting – Rifle - (Large Bore)	Belmont Shooting Complex				8a - 4p	8a - 4p			
Shooting – Rifle - (Small Bore)	Belmont Shooting Complex				7p - 9p				
Shooting – Shotgun - (Trap/Skeet)	Toowoomba Clay Target Club				9a - 4p	9a - 4p			
Soccer - Beach 5-a-side	Kurrawa Beach							9a - 4p	
Soccer - Field	Nerang Soccer Club			10a - 8p	10a - 8p	10a - 8p	10a - 8p	10a - 8p	
Softball	Gold Coast Softball, Tallebudgera				9a - 4p	9a - 4p	9a - 4p		
Squash	Carrara Indoor Sports Centre					9a - 4p	9a - 4p		
Stadium Stair Race	People First Stadium, Carrara						3p - 5p		
Stand-up Paddleboarding	Broadwater		9a - 4p						
Strongman / Strongwoman	Gold Coast Sport & Leisure Centre					9a - 4p			
Surf Lifesaving – Flags Surfski	Kurrawa Beach			8a - 4p					
Surfing	Palm Beach				7a - 3p	7a - 3p	7a - 3p		
Swimming	Gold Coast Performance Centre					9a - 4p	9a - 4p		
Swimming - Open Water	Broadwater		9a - 2p						
Table Tennis	Gold Coast Sport & Leisure Centre		10a - 4p						
Ten Pin Bowling	Go Bowling, Ashmore			9a - 3p	9a - 3p	9a - 3p			
Tennis	KDV Sport, Carrara		9a - 4p	9a - 4p	9a - 4p				



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Touch Football	Alabaster Playing Fields, Carrara		9a - 3p	9a - 3p					
Trail Run	Nerang State Forest				7a - 11a				
Triathlon	Gold Coast Performance Centre							8a - 12p	
Tug of War	Gold Coast Sport & Leisure Centre		12p - 2p						
Ultimate Disc	People First Stadium, Carrara							9a-4p	
Volleyball - Indoor	Gold Coast Sport & Leisure Centre						8a - 4p	8a - 4p	
Weightlifting	Gold Coast Sport & Leisure Centre							9a - 4p	
Closing Ceremony	TBA								3p

